

Inspire and Connect

NATRC Newsletter

July 2025 Edition

In 2025, the NATRC has accomplished a great deal, yet the work is never done. Here's to another half-year of TRC successes and achievements, while making a meaningful impact in our communities.

"A river cuts through rock not because of its power, but because of its persistence."



NEWS FROM THE NATRC

REGISTER TODAY

Mental Health Services via Telehealth Training

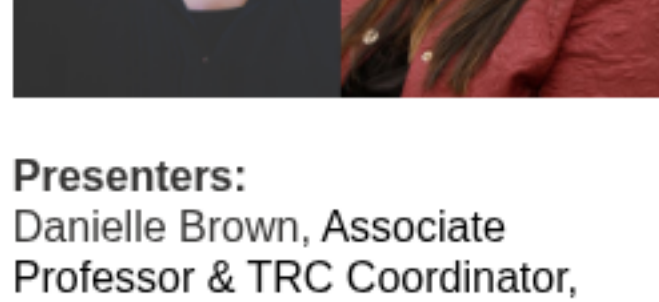
WHEN: August 8th, 2025
TIME: 9 AM - 12 PM (PST)
FREE TO ATTEND
CEUs available *see flyer for details

This workshop is designed for mental health professionals working in virtual environments. The session covers essential topics, including foundational principles of telehealth, practical clinical skills, ethical and legal considerations, and culturally responsive care.

Presenters:

Danielle Brown, USC (left pictured)
Sarah Caliboso Soto, USC (right pictured)

Please note: for our TRC staff and providers in California, this workshop is sponsored by CalVCB, meaning that CalVCB will compensate CA TRC staff and provider time spent participating.



Presenters:

Danielle Brown, Associate Professor & TRC Coordinator, USC Suzanne Dworak-Peck TRC (left pictured)

Sarah Caliboso Soto, Assistant Director of Clinical Programs, USC Suzanne Dworak-Peck TRC (right pictured)

[Register Here](#)

New Social Media Campaign to Raise Awareness About TRCs

NATRC has a new series of ten reels (brief videos) about TRCs created in partnership with Awake Storytelling. These reels will be posted to the NATRC social media channels as a way to increase awareness of the work that TRCs are doing in their communities. Be on the lookout for these clips on [Instagram](#), [LinkedIn](#), and [Facebook](#)--and please like and share to help spread the word!



TRC NEWS



Harvest Trauma Recovery Center - Austin, TX

A partnership between Harvest Trauma Recovery Center and African American Youth Harvest Foundation launched a groundbreaking Equine-Assisted Therapy program on April 5th, 2025. This innovative program harnesses the therapeutic power of horses to help survivors of trauma heal.

PARTNERSHIPS FOR TRAUMA RECOVERY

Partnerships for Trauma Recovery - Berkeley, CA

In honor of National Crime Victims' Rights Week, more than 100 community members joined Partnerships for Trauma Recovery for a Community Healing and Resource Fair.

Activities and services offered included acupressure, sound healing, and a Know Your Rights legal workshop.

HENRY FORD HEALTH

Henry Ford Health TRC - Detroit, MI

Henry Ford Health TRC recently had their 3rd annual Trauma Survivors Celebration 5k Run/1-mile Walk on Saturday, May 3rd. The event had over 600 registered participants and was the largest one yet.

[View Photo Gallery](#)

OLIVE VIEW TRAUMA RECOVERY CENTER

Olive View UCLA TRC - Sylmar, CA

Olive View UCLA TRC recently published papers on the TRC implementation in Los Angeles, TRCs' innovative model, and a review of 2024.

- A paper entitled: "Trauma Recovery Centers as an Innovative Model of Care for Underserved Victims of Violent Crime"
- The first paper of an implementation study of the 5 TRCs in Los Angeles
- A scoping review from Fall 2024

FEATURE

Exciting New Educational Content Now Available in Our Learning Management System!

We're thrilled to announce the launch of **new educational content** available in our NATRC Center for Learning LMS! NATRC Center for Learning offers courses on evidence-based therapies, cultivating resilience in the workplace, and the TRC Model Orientation videos.

The vision we have with the NATRC Center for Learning is that you are able to make learning engaging, flexibility in taking the course at any time- at your own pace, and that the content is relevant to your practice.

These thoughtful trainings were important contributions to our learning community. The innovation of approaches, decolonization of care, and the reimagining of self-care and resilience are themes that are prevalent within TRC communities across the nation. To support the very fabric of the services TRCs provide, uplifting and offering trainings such as these was and will continue to be imperative in the continuation and growth of the work. NATRC would like to thank each of our presenters for their collective time and expertise and making this a wonderful virtual workshop event.

What's New:

- **Optimizing Access for Deaf Survivors**

In this training, participants will learn strategies for enhancing accessible, culturally responsive and trauma-informed services to survivors from Deaf, DeafBlind, and hard of hearing communities who have experienced interpersonal violence. The presenters teach strategies for enhancing accessible resources for deaf and hard of hearing survivors. Also, teach about culturally responsive and trauma informed services. Additionally, the presenters provide an overview of the hard of hearing communities experiencing with interpersonal violence.

Presented by Brian Berlinski, Demara Folk, Lou Goings

- **Written Exposure Therapy: An Innovative Approach for Telehealth**

This workshop presentation included an exploration of the fundamentals of WET (Written Exposure Therapy), including its theoretical underpinnings, structure and adaption for telehealth. WET is a brief yet effective intervention utilized to assist individuals in addressing traumatic memories through engaging in written narrative. Additionally, the presentation addressed how to effectively utilize WET through a virtual format while applying practical strategies for managing client engagement, emotional safety, and other unique challenges and opportunities that arise in a virtual format.

Presented by Jenny Sanchez and Maria Nambo, USC TRC, Los Angeles, CA

- **Decolonizing Care – Culturally Informed Practices While Working with South Asian Immigrants**

This workshop presentation focused on the impact of intergenerational trauma and colonization as experienced by South Asians and the impact that has on mental health and help-seeking behaviors. The presenter offered an overview of the growing South Asian community in the United States as well as the numerous barriers preventing access to mental health treatment such as social stigma, shame, and lack of provider diversity. This presentation highlighted the importance of understanding key cultural contexts while working with this community, while also reviewing common myths and assumptions that adversely impact the community's access to, and utilizations of, services.

Presented by Nithya Narayan, Restorative Pathways, Castro Valley, CA

- **Reimagining Self Care and Cultivating Resilience**

This workshop expanded and reframed traditional thinking about self-care and cultivating resilience in the face of vicarious trauma. The presenter offered an overview of the impact of violence and trauma exposure on individuals and systems. The application of trauma informed concepts was utilized to inform individual and collective care strategies for supporting resilience, as well as offer an in-depth view of the impacts of violence and trauma on individual workers, agencies, and systems of care.

Presented by Carla Richmond, UCSF TRC, San Francisco, CA

TO ACCESS NEW CONTENT:

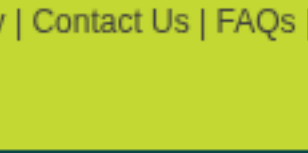
Log in to the [NATRC Center for Learning / NATRC LMS Dashboard](#) and explore the new offerings under the course catalog section in the learning management system. You use the same credentials for both links, the NATRC Center for Learning houses the TRC Model Orientation videos and the NATRC LMS Dashboard will have all other trainings.

We recommend starting with our **TRC Model Orientation Videos**. The NATRC Center for Learning is a Trauma Recovery Center member-invite only platform, if you are a TRC member, please reach out to Kathy Vang-Liu to confirm your eligibility.

Keep an eye out for recordings of these trainings on the NATRC Learning Management System coming soon!

UPCOMING MEETINGS AND TRAININGS

August 7, 2025	August 8th, 2025	August 14th, 2025
NATRC Collective Care 10 am - 11 am (PST) via Zoom	Mental Health Services Via Telehealth Training 9:00 am - 12:00 pm (PST) via Zoom	Data Collection and Analysis with NATRC 11:00 am - 12:00 pm (PST) via Zoom



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